

Kent Service User and Carer Support Network



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West Kent Service Users Briefing Meeting
Venue: Wharf House, 11 June 2009

Present: L H Sevenoaks Area Mind
J J NHS West Kent Mental Health Commissioning Manager
D D Rethink Sahayak
A A Rethink Sahayak
G F Heart of the Matter
L M Heart of the Matter
T M Heart of the Matter
T G Tunbridge Wells Mental Health Resource Centre
Reachout

Apologies: Linda Riley

1. Introductions and welcome	Action
2. Minutes of previous Meeting	
Heart of the matter not included but did attend. L said people must add their names to the list circulated.	
3. Matters arising	
The response to the listening exercise will be out for circulation by the second week in July.	J
Healthy living centre was brought up in the last JCB L to take to board. J mentioned the NHS west Kent have this in their operational plan. This will be an item that is revisited.	
Suicide prevention K M is the new director of public health for Kent and Medway she is taking the lead role is suicide prevention strategy. There is also a mental health promotion strategy led by B J. She will be arranging a series of	

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<p>stakeholder's workshops. M moving in Fund – P has a meeting arranged to develop this item on June 22nd with N B.</p> <p>There is an art exhibition it will open at 3pm on Saturday 4th July Sessions house Maidstone county hall gallery and will be running for 4 weeks.</p> <p>Minutes from JCB.</p> <p>Tender for IAPT West Kent have gone out – the interview/selection process has now commenced. D S has done a presentation on the IAPT in Maidstone cluster.</p> <p>There will be an evaluation of the service and all stakeholders will be invited. There is ring fenced money from the government to continue this service. J mentioned the DOH has released results of BME population and their positive access to IAPT. P mentioned how service users have stated that they prefer services to be delivered locally and not in institutions.</p> <p>JSNA – there is a final version of the JSNA – this will be circulated very soon, there is a forthcoming event on the 30th June where all stakeholders are invited for a half day workshop to look at the joint mental health commissioning strategy. One or two users are also invited to attend. C M will be circulating these details to all stakeholders.</p> <p>1. JCB agenda.</p> <p>Key issues for JCB – What are the developments for a Healthy Living centre for south west Kent – update for Laretta.</p> <p>Befriending scheme – Its purpose is to bridge the gap between social isolation and social integration. The scheme would have a coordinator who would manage a team including volunteers who would be trained and supervised and could work with individuals for a given period of time to achieve their personal goals in order to better integrate into communities and move away from isolation. L to attend.</p> <p>Discussion around a scheme that support users in the</p>	<p>Action</p> <p>L to get presentation from N G and circulate.</p>
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transition between being social isolation and social inclusion. P mentioned the service user and carer involvement strategy is now up for review. It is now a good time to look at how this could be done differently. It was also mentioned how we could consult with people currently using services. It was mentioned that these meeting become academic and service users and carers find it difficult to voice their opinions. Ideas; Service user evaluations, attending service user and carers own forums so they are in their own environment

**Next Meeting: 13 August 12.00 – 1.30 Carers First
Tonbridge**



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