

# Kent Service User and Carer Support Network



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## Local Planning & Monitoring Group South February 6 2009 Kingswood Community Centre

Present:	L H	Sevenoaks Area Mind
	G F	Platform
	R D P	MCP
	G B	MCP
	Y L	MCP
	M B	MCP
	A C	Maidstone Mind Resident
	M M	Maidstone Mind
	G A	Maidstone Mind Service user
	R B	Service User/Carer Platform
	N B	Platform
	P J	MCP
	Dr J O	KMPT
	J J	NHS West Kent Mental Health Commissioning Manager
	P A	KCC Mental Health Commissioning Manager
	N F	Kent Police
	B J	MCP

Apologies: Sarah Holmes-Smith, Elena Oro, Meryl Cheshier

<p><b>1. Welcome and Introductions</b></p>	<b>Action</b>
<p><b>2. Minutes of Last Meeting</b></p> <p>Corrections G B, R P names were spelt incorrectly.</p>	
<p><b>3. <u>Matters Arising.</u></b></p> <p>Meryl sent her apologies so cannot do the presentation today. <b>Action L will add to next agenda.</b></p> <p>Emma Hanson now moving to be lead commissioner for</p>	<b>L</b>

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elderly so will not be attending to talk about the carer's card. The emergency card has been sent out to all carer's.

R will complete the document about the funding project "M fund" and will give to Lynn to circulate. Neil suggested a meeting with L A the CMHT to look at how they could feed into the document before it is distributed.

N will give L the name and addresses of GP practices to invite to the LPMG South Meetings.

J M not invited but P will feed back.

S H S was going to talk with J M this has not happened – M will now liaise direct with the CMHT.

4. Presentation from M cancelled to add to the next agenda.

N F – from police force communication call centre. Talked about officers doing placements in community mental health services to inform their work when taking calls. All staff now being trained in mental health issues. – They have an entire day devoted to mental health. Looking at what happens to service users in crisis and how this is dealt with. Now have better links with PCT to signpost more appropriately.

N now has a database to signpost callers but there is a gap in the directory.

Also have a database for disability clients stating what best form of communications is needed. It will be free and updated regularly to make sure the details are current. This is a voluntary scheme.

There is a card system available for people with dementia, aspergers etc that they can carry - this will then inform the police and they will be made aware of their mental health status and this may prevent unnecessary misunderstandings. Everyone agreed that this was very positive scheme.

Discussion about service users having a crisis in police station and section 136, if the crisis team says they do not meet criteria for admission they are then let out onto the

street and not detained in the station if they have not committed a crime, if they have been drinking this makes assessment for their mental health difficult. Section 136 gives the police power under the mental health act to take someone to a place of safety if they are behaving dangerously. This only applies in a public place.

J spoke about how there different models and services are being delivered in different areas. N mentioned how the police have good working relationships with the commissioners and how this can affect policy.

N spoke of having carers phoning up in a crisis and how they also need to signpost them for help. P spoke of how commissioners have improved support for carers through the commissioned groups.

L will liaise with N about the directories being developed in Kent.

## 5. LPMG work programme.

Looked at the Action plan –

- Map out self help groups – L will circulate the list currently held for people to add to and once completed will circulate.
- Moving people – M will do presentation at next meeting.
- Developing well being website – P informed us that there is now a professional web site designer, a couple of service users and himself working on the website. You will be able to put in the first three letters of your postcode and it will inform you of all the resources in your local area. It will also have links to other services and handy tips for better mental health.

There was a discussion about how Sevenoaks Area Mind has free computers for service users/carers but people do not seem to want them. N spoke of how a lot of people actually do not want to have a computer or cannot work them. Mentioned a variety of services/resources that people can have access to computers.

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- One stop shop very successful – there is a similar project in Dartford.
- Training event for professionals by Service users – To put this action on hold until someone wants to develop.
- Better engagement – Maureen to action direct CMHT.

Lead Person for the Recovery Items will now be Jason Jongali,.

- CPA –now one standard care plan – Jason mentioned the training need for Primary care workers and GP's who are looking after clients who have left secondary care and the implications.
- Develop accessible facilities for those in crisis -
- Support IAPT primary care developments – vision is that there will be much more services available in primary care to give care earlier on. Maidstone is the pilot area for this project. One pilot is for IAPT and one is for employment advisors to work with people who are seeing their GP's. There are 8 therapists now in Maidstone. 5 doing high intensity work and 3 doing low intensity work for 6 sessions only. This is in addition to the current services available. Discussion about the waiting list for the counselling – a carer mentioned she has been told she will wait for 14 months. Discussion about finances and how there has been extra funding made available for increasing access to psychological therapies from the government.

## 6. AOB

J stated the PCT are expecting to get an outside agency to do a piece of work

A provider in D&G has been selected for an out of hours GP practice providing 24 hour care. An announcement will be made in the coming weeks.

A discussion was had about current advertisement about

stigma and mental health – it was felt by some service users that it is not enough.

J will send L the full listening exercise report to circulate – L to add to the Agenda for May.

**Next meeting May 8<sup>th</sup> 2009 10.30 – 12.30 Kingswood Community Centre, Union St, Maidstone**

**c/o Sevenoaks Area Mind  
34 St Johns Road  
Sevenoaks  
Kent TN13 3 LW**

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Shared Docs Service User and Carer Support Network  
LPMG South  
Minutes