

# Kent Service User and Carer Support Network



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**Local Planning & Monitoring Group South West 26 May 2009**

**Venue: Carers First, Tonbridge**

Present: L H Sevenoaks Area Mind  
 L L Sevenoaks Area Mind  
 V H Carers First  
 F B Carers First  
 L S Shaw Trust

Apologies: S HS, P A, J J

	Action
<p><b>1. Welcome and Introductions</b></p>	
<p><b>2. Minutes of Last Meeting</b>            L noted it was disappointing that we had not been informed earlier of the commissioners' absence and that none of the actions had been completed. All actions to be carried forward.</p>	
<p><b>3. Matters Arising</b></p> <p>1. Have P or J written to the CMHT's?</p> <p>2. A discussion was had about who should be attending the LPMG meetings. L asked if the service users from Shaw trust could attend the LPMG's.</p> <p>3. LPMG work Programme            It was suggested that there should be ideas for guest speakers and subjects. There was also a request for the already suggested people to attend.</p> <p>Connexions            G A – CDW lead.</p>	<p><b>L to check with P A</b></p> <p><b>J</b> <b>I.e.; KS</b></p>

Sevenoaks Area Mind



For better  
 mental health

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<p>One of the points to include in the work programme would be the Healthy Living Centre and the Befriending scheme.</p> <p>4. Core Membership Look at who should be included in the LPMG a much broader remit is required. It was agreed that the meeting should be chaired by the different organisations attending in rotation. Leslie from Shaw trust will chair the next meeting and Fiona has also offered to chair a meeting.</p> <p>5. Its right Website. – L L spoke of the current websites as follows; L spoke of the” It’s Right“ website, it was set up originally to reduce isolation through IT. She mentioned it depends on people using it to keep it going and there were not enough people using it for a variety of reasons including people wanting to be independent and some people not having enough IT knowledge. The website does host the minutes from the service user and carer network and the LPMG minutes.</p> <p>There are a number of other people who are also setting up websites for service users. P has also commissioned an organization to design a well being website, it is called <a href="http://www.Liveitwell.co.uk">www.Liveitwell.co.uk</a>. Sevenoaks Area Mind is hosting this site. A meeting was held by P and other key stakeholders to look at how the web site could be developed. It will be something that everyone can contribute to – there will be a variety of mental health links.</p> <p>L spoke of the personality disorder 1 day conference - anyone who wants to attend will inform Lynn. There will be another training day for service user / carers. Can we have ideas on what the service users/carers would like to have training on.</p> <p><b>Date of next meeting 25 August 10.30 to 12.30 at Carers First Tonbridge.</b></p>	<p><b>Action</b></p>
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**c/o Sevenoaks Area Mind  
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Kent TN13 3 LW**

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