



Walk & Talk

11:00am - 4:00pm
Thursday

Meet Location: 34 St Johns Road, Sevenoaks TN13 3LW

Clothing:

- Good comfortable shoes for walking
- Water proofs in case of rain
- Warm comfortable clothing

Pre Planned
Route's @ well-
known locations

For more information contact Day Services Team Tel: 01732743902

Lunch:

Please bring a packed lunch. Drinking flasks can be made available on loan on first come first serve basis.

Don't Talk the Talk if you cant Walk the Walk!



Walk & Talk

11:00am - 4:00pm
Thursday

Meet Location: 34 St Johns Road, Sevenoaks TN13 3LW

Clothing:

- Good comfortable shoes for walking
- Water proofs in case of rain
- Warm comfortable clothing

Pre Planned
Route's @ well-
known locations

For more information contact Day Services Team Tel: 01732743902

Lunch:

Please bring a packed lunch. Drinking flasks can be made available on loan on first come first serve basis.

Don't Talk the Talk if you cant Walk the Walk!

